

JERSEY SHORE JUNIOR WRESTLING LEAGUE BY-LAWS
(10/17/23)

Definitions related to these By-laws:

JSJWL-The acronym for the Jersey Shore Junior Wrestling League

Waiver-A Wrestler who may be permitted to wrestle for a JSJWL team that does not attend school in the JSJWL teams sending school district. Waivers must be approved by the JSJWL Executive Board.

Alternate-A Wrestler from a JSJWL program that can qualify for the JSJWL playoffs in the event the JSJWL team sustains a late season injury which would leave a void in the team's playoff roster due to another wrestler not having enough matches to qualify for playoffs. Alternates must be approved by the JSJWL Executive Board.

Developmental Match (DEVO match)-A match that occurs at an event organized by two participating wrestling programs that is not scheduled or organized by the JSJWL. The event involves wrestlers in programs that participate in the JSJWL with wrestlers from other programs who are matched up according to age, weight, and experience.

DEVO level wrestler-A wrestler who participates in Developmental (DEVO) matches for a JSJWL affiliated program.

DEVO-term used to describe a Developmental Wrestling match.

Exhibition Match-A match that is wrestled prior to or after a JSJWL duel meet with a wrestler that is not on a JSJWL starting roster, however they wrestle for experience. Exhibition matches do not count towards the duel meet score and they involve wrestlers that weighed in with a team but were not on the starting roster for a duel meet.

Neighboring Town-A town that is in close geographical proximity to a town with a JSJWL program or a town that is in close geographical proximity to a town with a sending school district that has a JSJWL town.

Article I. Purpose:

The Jersey Shore Junior Wrestling League is an unincorporated federation of wrestling teams representing municipal recreation programs or other organizations dedicated to promoting the sport of wrestling. (No private clubs) Municipal Recreation Programs or other organizations are wrestlers from within the named community or school-sending district Waivers for wrestlers from towns outside of a town with a JSJWL team are permitted in Monmouth and Ocean County JSJWL Programs. When a wrestler from a town without a JSJWL program seeks to be considered as a waiver, a consideration will be the sending school district for the town the wrestler resides. Each Waiver will be evaluated by the JSJWL Executive Board on a case-by-case basis.

(Waivers for wrestlers from towns outside of a town with a JSJWL team are permitted in Monmouth and Ocean County JSJWL Programs. When a wrestler from a town without a JSJWL program seeks to be considered as a waiver, the JSJWL Executive Board determination will be based upon the geographical location where the person seeking the waiver resides. Each Waiver will be evaluated for approval by the JSJWL Executive Board on a case-by-case basis).

Article II. Membership:

The number of teams shall be determined by a majority vote of the representatives attending the official league meeting.

- A. All teams must be voted on to enter or re-enter the league each year. A sixty Percent vote is necessary to be accepted.
- B. Procedure:
 1. Any team with two years completed in the league that requests a one-year absence would be granted full permanent status when returning to the league.
 2. All teams must fill at least two-thirds of the weights for all matches or be subject to replacement for the next year.
 3. Problems with teams for unsportsmanlike-like conduct, vandalism, theft, mischief, etc. that is detrimental to the league will be addressed at an emergency meeting within 7 days. The meeting will be attended by a quorum of trustees or league officers and the teams involved. If a quorum of trustees cannot meet, then the matter will be handled by the executive board.
 4. Emergency matters not covered in the by-laws may be decided by the executive board and/or quorum of Board of Trustees. Such matters will be reassessed at the next league meeting. If a quorum of trustees cannot meet, then the matter will be handled by the executive board.

Article III. Voting Rights:

- A. Any team with two years or more completed in the league will be granted all voting rights.
- B. Any team with less than 2 completed years in league may not vote on any by-law changes or new teams to league.
- C. All elected officers must have two years completed in the league.
- D. Each member team shall be granted one vote.
- E. Teams having two or three teams shall be allowed a vote for each team once each team has passed through probation.
- F. Votes may be cast by any team appointed representative.
- G. Any team currently on probation shall not be able to vote during that time period.
- H. A Proposed By-law Change shall be passed with a 2/3 vote by the team representatives for the teams eligible to vote as per JSJWL By-Laws Article V- Amendments. A 60 Percent Vote by JSJWL team representatives eligible to vote is necessary for new teams to be granted league membership as per JSJWL By-Laws

Article II. A. A majority vote is necessary for a person to be accepted on the Executive Board of the JSJWL.

I. Proposed By-law changes shall be sent via email to team representatives prior to the league meeting in which voting on by-law changes shall take place. Sending the by-laws to representatives from each team with voting interests is to provide each team representative the opportunity to review the changes and determine if it is the right decision for the league to amend the By-Law.

Article IV. Officers:

- A. Officers shall be elected for a term of one year.
- B. The following officers will be elected:
 - 1. President- Frank Kuhl
 - 2. Vice President (2)
 - Glenn Pazinko
 - Orlando Reyes
 - 3. Secretary- Jeff Zimmerman
 - 4. Treasurer- Bob Alexander
- C. These officers will be the executive board.
- D. The treasurer must supply a financial report to all teams at the end of the year.
- E. President and Treasurer have the authority to sign
- F. Officers will audit league finances quarterly

Article V. Amendments:

Any amendments to the by-laws must be passed by 2/3 of the voting members.

Article VI. Dual Matches:

- A. Weight Classes:
 - 1. Weight Classes:
52-56-60-64-68-72-76-80-85-90-95-100-107-114-122-132-145-160-Hwt.
 - 2. Heavyweight class weight range is recognized as a wrestler weighing between 161 pounds and under 201 pounds. For exceptions to the heavyweight rule see the Heavyweight Qualifying Statements.

Heavyweight Qualifying Statements:

- 1. The default HWT class is 161-201.
- 2. A HWT wrestler can weigh more than 201, but the bout is only wrestled if both wrestlers are within 40 lbs of one another. Team A receives a forfeit victory (wrestler between 161-201) over Team B if Team B's wrestler is over 161 and not within 40 lbs of Team A's wrestler.

3. The team with the wrestler that weighs more than 145 (160 weight class) and is “bumped up” will be awarded a forfeit victory at HWT class if the opposing team does not weigh in a wrestler between the default HWT class. If Team A chooses to bump their 160 lb wrestler to HWT class and Team B weighs in a HWT as well in the default HWT class weight, Team A’s wrestler must be within 40 lbs of Team B’s wrestler or Team B will receive a forfeit victory.
 4. If Team A has a HWT wrestler who weighs over 201 lbs, he may take a forfeit victory regardless of weight, so long as the opposing team does not have a HWT wrestler available.
- B. Weigh-ins will be conducted prior to each match with two coaches present.
 - C. All wrestlers will weigh-in only wearing a team singlet w/ the exception of footwear, nothing else should be on the wrestler during the weigh-in. No weight allowance for singlet or footwear.
 - D. A wrestler will only be allowed to move up one weight class from his/her weigh- in weight class for that day. A coaching mistake regarding an illegal bump in the lineup (such as bumping a wrestler up two weight classes to a weight class the wrestler is not eligible) must be called mat side by the opposing coach during the bout or immediately after the violation occurs. The illegal move cannot be counted against a team after the scores have been tallied and the referee leaves the competition venue to which he has jurisdiction. For Further clarification see NFHS Wrestling Rules (Rule 3, Article 3 Referees Jurisdiction) The Jersey Shore Junior Wrestling League will be considered a State Association for purposes of this By-Law amendment.
 - E. No wrestler may appear on more than one organization at any time during the season.
 - F. One pound will be added to each weight class on the first of January, and then another pound will be added to each weight class on the first of February.

Article VII. Competition:

- A. The length of the three periods in JSJWL matches shall be 1 ½ - 1 ½ - 1 ½ minutes.
- B. Overtime- 1 minute neutral sudden death
- C. Second Overtime- Alternating 30 second periods wrestled in full (coin toss for choice).
- D. Sudden Victory- One thirty (30) second period, determined by first points scored in regulation. If no points scored in regulation, the choice governed by coin toss.
- E. Sudden Victory is referee’s position. If the bottom man escapes or gets a reversal, the wrestler on bottom wins. If the wrestler on top rides the bottom man out or scores back points, the top wrestler wins.
- F. Wrestlers must wear team singlet, 2-piece uniform now allowed but entire team must wear, not individuals in both.
- G. Criteria for determining a team winner in a tie in team duel meets:
 1. The team whose opposing coaches or team personnel had been penalized the most team points for flagrant misconduct or unsportsmanlike conduct shall be declared the winner.
 2. The team whose opposing head coach had been penalized the most team points for coach misconduct during a match shall be declared the winner.

3. The team whose opposing wrestlers had been penalized the greater number of match points for unsportsmanlike conduct during a match shall be declared the winner.
4. The team having one the greater number of matches (including forfeits) shall be declared the winner
5. The team having accumulated the greater number of falls, defaults, forfeits, and disqualifications shall be declared the winner.
6. The team giving up the least number of forfeits.
7. The team having the greater number of technical falls shall be declared the winner.
8. The team having the greater number of major decisions shall be declared the winner
9. The team having the greater number (total match points) of first point(s) scored shall be the winner.
10. The team having the greater number of points for near falls shall be declared the winner.
11. The team having the greater number of takedowns shall be declared the winner.
12. The team having the greater number of reversals shall be declared the winner.
13. The team having the greater number of escapes shall be declared the winner.
14. The team whose opponent has been penalized the greater number of points for stalling shall be declared the winner.
15. The team whose opponent has been warned more often for stalling shall be the winner.
16. The team whose opponent has the greater number for all other infractions (Ie, False Start) shall be declared the winner.
17. If none of the other criteria resolves the tie, a flip of a disc will decide the winner.

Article VIII. Divisions:

- A. A Division shall have between 12-16 teams.
- B. B Division shall have between 12-16 teams.
- C. C Division shall have between 12-16 teams
- D. A, B and C Divisions will compete in separate playoffs and individual tournaments. Individual Champs from each division will compete against one another for the Overall JSJWL Individual Title.
- E. Changing of Divisions
 - 1-The top two regular season records in B Division shall be promoted to the A Division.
 - 2-The bottom two regular season records in A Division shall be demoted to the B Division.
 - 3-The top two regular season records in C Division shall be promoted to B Division.
 - 4-The bottom two regular season records in B Division shall be demoted to C Division.
 - 5-The promotion to a higher division is not automatic. In the event a coach can prove that he has lost a significant portion of the roster due to graduating to High School, the third, fourth, or fifth best team in the division may be promoted in the place of

one of the teams that finished in the top two. In the event no programs wish to move into a higher division, the JSJWL executive board can take an objective look at what is the best for the league while also considering refraining from changing the prior seasons divisions.

Article IX. Eligibility:

- A. All wrestlers must be no older than the intermediate division age (not 15 years of age before October 1st).
- B. No High School wrestlers regardless of age.
- C. A wrestler shall compete for the team in the district within which he/she attends school.
- D. Each team shall carry a binder that contains report cards for each wrestlers on their roster, to verify that the wrestler attends school in the relevant sending district.
 - 1- This binder shall also contain a list of the schools covering their team's sending district so that a "Book check" coach at the host site can cross reference.
 - 2- All books shall be "checked" at the Week 1 matches.
 - 3- If/when a team adds a wrestler to their lineup as the season progresses, they shall notify their opponent on the week that wrestler is added so that the wrestler can be verified in the binder that day.
- E. Private school students must produce a report card that has the student's home address showing the actual location where the student resides, or a report card + a supplemental document containing this address information.
- F. Any wrestler who does not fulfill C & D above MUST apply for and be secured a waiver or will be considered ineligible.
- G. WAIVERS: Wrestlers who are not eligible to wrestle for a team in league competition may request a waiver enabling them to compete. The request for a waiver must come from a program in the JSJWL. The executive board of the JSJWL, within one week, must decide upon the waiver and advise all league members of their decision through e-mail or an alternative method. The final decision is applicable until such time that the wrestler is no longer eligible to compete. No wrestler that is in the decision-making process is permitted to compete in the JSJWL until a final decision has been declared.
 - 1- Emails confirming waivers shall be contained in each team's binder.
- H. Teams on probation will be ineligible for waivers during that time period.
- I. No wrestler shall compete in more regular season bouts than the division they are competing has opposing teams including a combination of bouts in all divisions for programs with multiple JSJWL Teams (Example Assuming the C Division has 12 teams- If a wrestler competes in two matches in the A Division and four matches in the B Division, then the wrestler would only be eligible to wrestle in five matches in the C Division). Any matches over the limit shall be considered forfeits and subject the offending club to sanctions determined by the E-board.
- I. If a team should challenge residency or protest a wrestler due to insufficient documents, the team being challenged shall produce documents verifying within seven (7) days or the wrestler shall be considered ineligible.

Article X. Playoffs

- A. Team Playoff Rosters will consist of wrestlers who have a minimum of five (5) matches for that team during the regular season in the division they are competing in. In Divisions with less than 12 teams the minimum match count will be four (4)
- B. A wrestler may only participate in the A Division, B Division, or C Division playoffs, not two or three Divisions.
- C. The top 6 teams in each division shall be eligible to compete in Divisional Playoffs.
- D. #1 seed and #2 seed shall receive byes in the first round which shall be completed between the announcement of the playoff teams (to include seeds and opponents in playoffs) and three days before the day of playoff semi-finals and finals. #1 seed will wrestle winner of #4 seed vs #5 seed; #2 seed will wrestle winner of #3 seed vs #6 seed. In The Event a playoff eligible team is not capable of competing in the playoffs due to sickness, injury plague, or other unforeseen circumstances, the 7th seed may be used as an alternate playoff team.
- E. Injury waivers shall be sent to and voted on by the E-board.
- F. In the event a wrestler is injured prior to the playoffs leaving a team to have to forfeit the weight class, they may be permitted to find a suitable alternate if the team can prove that the wrestler to be considered as an alternate, has been a part of the JSJWL program since prior to January 1 of the current season. The request for an alternate must be submitted by the requesting team to the E-Board who has the final decision on approving alternates.

1-Explanation of Divisions:

- a. Highest Division is A Division
- b. Middle Division is B Division
- c. Lowest Division is C Division

2-Allowable Alternate Replacements

- a-Programs with a C Division Team may use the C Division Wrestler as an alternate to an injured wrestler on an A or B Division team in their program.
- b-Programs with a B Division Team may use a B Division Wrestler as an alternate to an injured wrestler on an A Division team in their program.
- c-A wrestler who has weighed in on three (3) or more occasions with a JSJWL team and wrestled in exhibition matches may be considered to be an alternate
- d-A DEVO level wrestler in a program that is verified as a registered wrestler for the JSJWL program requesting an alternate may be considered to be an alternate

3-Restrictions on Alternates

- a-Alternates must not have wrestled six (6) or more regular season bouts in a division higher or a combined six (6) or more bouts in a combination of divisions higher than the division to which they would be used as an alternate to ensure that playoff teams do not use higher level wrestlers as alternates in lower divisions as replacements. In the event a wrestler has

six (6) or more matches in a higher division they are not eligible to wrestle in the playoffs in a lower division. Note-A Wrestler may be eligible to compete in a lower division when the wrestler has the required minimum match count for playoff eligibility in the lower division. Example-A wrestler that has 6 matches in the A Division would not be permitted to wrestle in the B Division playoffs UNLESS he/she also has five (5) matches in the B Division making him/her eligible to compete in the playoffs in either division. At this time, a program can choose which division the wrestler will compete in the playoffs. Second Example-A Wrestler had wrestled in three (3) matches in the A Division and three (3) matches in the B Division during the season, the wrestler is not eligible to compete in the C Division Playoffs UNLESS he/she had competed in the required minimum match count in the C Division of five (5) matches.

b-An alternate MUST be a replacement because of an injury in a playoff roster. The wrestler that was injured must be verified through proof of a doctor's note or evidentiary proof made available to the league E-Board that a wrestler was injured and cannot compete in the playoffs.

c-An alternate is not permitted to be used only to fill a roster spot that was otherwise forfeited during the season. Wrestlers must generally have five (5) matches in a specific division to be eligible for the playoffs or have an injury waiver approved by the Executive Board.

d-The Playoff Alternate will ultimately be determined to be eligible by the JSJWL Executive Board who has the discretion to approve or deny a Wrestler for playoff eligibility.

4-Manners of Proving the playoff alternate wrestler is in the JSJWL program

a-Wrestler had competed on another team for the program in JSJWL matches.

b-The wrestler had competed in DEVO matches and opposing Program coaches can verify that the wrestler had wrestled in DEVO matches.

c-The wrestler had registered on an online registration for the program and the date of registration was time stamped by the program's registration tool. A copy of the documentation must be provided to the JSJWL Executive Board. This requires proof that the wrestler had competed during the season as part of the JSJWL program in some capacity-DEVO, Exhibition, or Tournaments registered as a wrestler for the program requesting the alternate.

G. Playoff weigh-ins for the semi-finals and finals shall be the morning of the event and they shall be overseen by either referees or representatives of the hosting venue. In the event the hosting venue has a team that is competing in a specific division, the hosting sight will be excluded from overseeing weigh in. In the event there is not a referee or a host venue representative available to conduct weigh ins, the JSJWL Executive Board or a designee that is a neutral coach shall conduct the weigh ins. Weights shall be strictly adhered to during the playoffs with no additional allowances not specified in the by-laws.

Article XI. Playoff Eligibility Tiebreakers:

A. For Team Playoff Qualification:

In the event of a tiebreaker between two teams, the team with the head-to-head win will prevail. In the event of a tiebreaker where a triangle is in place, tally dual match points for each team in the triangle only in the matches against the other teams in the triangle. The team with most team points wins the triangle tiebreaker. If a second team is needed, revert to head-to-head for the remaining tiebreaker.

Article XII. League Tournament

- A. Same weight classes as regular season dual matches.
- B. Seeding will be done on “regular season” league matches only.
- C. Each wrestler must have five (5) matches in the desired weight class in the desired division to be tournament-eligible, in any full division (12-16 teams)
- where the division consists of 11 or less teams, the minimum match count shall be four (4) matches in the desired weight class in the desired division.
- D. Wrestle-backs to fifth/sixth place.
- E. All voting at seeding meeting will be done by silent vote, unless agreed upon otherwise.
- H. A wrestler may only participate in the A, B or C Division Tournament, not two divisions or three divisions.
- I. Injury waivers shall be sent to the E-board and voted on by the E-board.

Article XIII. Awards:

- A. Trophies will be awarded for first , second and third place teams in each division for playoffs.
- B. Trophies will also be awarded for first, second, and third place teams in the league tournament.
- C. Medals shall be awarded to the top 5 wrestlers in each weight class at the A, B, and C league tournaments.
- D. Outstanding Wrestler will be named in each division of the League Tournament and a trophy will be provided to the outstanding wrestler.

Article XIV. Board of Trustees:

- A. A Board of Trustees made up of ex-coaches of teams involved in the league (9 members) will address any problems within the league within a seven-day period.
- B. Names of the Trustees:
Matthew Sharin, Richard Famularo, Mike Serchio
Art Lynch, Jim Heller, Jim Eggie, Charlie Baumgartner, Vinny Pedalino, Rob Morello

Article XV. Participation Requirements:

- A. All teams competing in the league must treat JSJWL league matches as a priority above all other competitions.
- B. Only school functions will supersede JSJWL matches.
- C. All teams involved in a match must agree on any rescheduling of a match. If a team cancels a match, then home team gives 2-3 other dates for make-up. If match not made up cancelled team shall get a loss. If gym location is a problem, then up to Division V.P. to decide.
- D. Travel partners must complete match prior to playoffs/tournament or will be in violation as well.
- E. Any team that violates these requirements will be subject to a one-year probation.
- F. Any team that violates these requirements for a second time will be subject to removal from the league by a league vote.
- G. Teams are required to keep score books, accurate weigh in sheets, and post results in accordance with the E-Boards terms at the beginning of each season. Failure to do so in the appropriate time frame (within 4 days of a completed match) will result in a one-point penalty for the following two matches they will compete in.
 - 1-The one-point penalty will be imposed upon by the JSJWL Executive Board and the JSJWL Executive Board is afforded the discretion to not penalize teams when the head coach of the team in violation of the rule can provide a valid explanation for the scores not being posted.
 - a-Valid explanations can include emergencies, rare circumstances where work prevents the coach from posting in a timely manner, illnesses, etc.
 - 2-The JSJWL E-Board will keep track of violations regarding posting of scores and will notify teams who are opposing the violating teams in the upcoming week that one point is to be subtracted from the violating teams score at the conclusion of the match. Multiple violations will result in the team being placed on probation.

Article XVI. Ejections:

- A. If a coach is thrown out of a match by the referee, the coach will have to sit out 2 dual matches.
 - 1. If a coach is thrown out of the 1st match of the day, the coach will have to leave the gym immediately and will not be allowed into the gym the following week until the 2nd match has started.
 - 2. If a coach is thrown out of the 2nd match of the day, the coach will have to leave the gym immediately and will not be allowed into the gym until the teams next 2 dual matches are completed.

3. If a coach is thrown out of the last match of the season, being the last dual match or the A/B Division Championships, the coach will not be allowed at the League Championship Tournament.
- B. If a coach is thrown out of the League Tournament, he will have to sit out the 1st two dual matches of the next season.
 1. If that coach is no longer with that team the next season, that coach will have to pay a \$60 reinstatement fee to the league at any future date of return.
- C. If a coach is thrown out a 2nd time in the same season, the coach will have to sit out 4 consecutive matches.
- D. If a coach is thrown out for a 3rd time in the same season, the coach will be expelled for 1 calendar year and pay the \$200 reinstatement fee to the league.
- E. The same rules will apply to parents, fans, siblings, etc.
 1. When a coach, parent, or fan is thrown out, that team is responsible to notify the Executive Board with the name of the person. The Executive Board will notify all teams of the ejection.

All items not covered by these bylaws will be covered by NJSIAA